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News Release

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UH to Manage North Royalton Senior Center, Extending the Continuum of Care into the Community

University Hospitals and the City of North Royalton will manage the North Royalton Senior Center in a unique arrangement to provide comprehensive, quality programming to enhance the health and wellness of the city's older adults.

Through UH's Center for Lifelong Health, UH will support the Senior Center through the provision of a UH-trained director.

"The City of North Royalton is excited to enter into this innovative relationship with UH to offer our seniors expanded opportunities for wellness, improved quality of life and educational programs," said Mayor Robert Stefanik.

The North Royalton Senior Center opened in 1978 to provide programming for older adult residents, including screenings, senior socials, computer classes, line dancing and low-impact exercise. UH seeks to build on this base of programming with a variety of offerings, such as educational events, caregiver seminars, walking clubs and other programming.

"Senior Center programming has traditionally focused on greater independence, lasting friendships and new skills," said Cyndie Bender, Director of UH's Center for Lifelong Health. "UH's innovative new model includes all of this, along with wellness and

education programs backed by the expertise of the UH system. UH can provide a tremendous community benefit for the citizens of North Royalton, keeping what is working while expanding available activities to benefit the whole adult.

“University Hospitals is committed to the communities we serve, and the Center for Lifelong Health was created to address the health and wellness of older adults in the communities across Northeast Ohio,” Bender added. “We are pleased to have been selected, through the leadership of Mayor Stefanik, to participate in this program.”

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About University Hospitals Parma Medical Center/University Hospitals Health System:

For more than 55 years, UH Parma Medical Center has served the southwestern suburbs of Cleveland. UH Parma Medical Center provides acute and sub-acute care, with 332 beds and specialty centers for stroke, cardiac, cancer, orthopedics, pain management, acute rehabilitation and bariatric care. As part of the University Hospitals health system, UH Parma Medical Center gives patients access to nationally recognized UH Cleveland Medical Center, which is perennially among the highest performers in national ranking surveys. UH has a 150-year history of serving the needs of patient and now see more than 1 million patients per year through an integrated network of 18 hospitals, more than 40 outpatient health centers and 200 physician offices in 15 counties throughout northern Ohio. UH is home to some of the most prestigious clinical and research programs in the nation, including cancer, pediatrics, women's health, orthopedics, radiology, neuroscience, cardiology and cardiovascular surgery, digestive health, dermatology, transplantation and urology. For more information, go to UHhospitals.org.