

**ACTIVITIES
COME JOIN THE FUN!**

UH Presents-Center for Lifelong Health

Guest Speakers/Senior Related Topics-
Announced as Scheduled

Senior Socials

Cards, Games, Socialization,
Every Monday & Friday 10 a.m. – 2 p.m.

Wii Bowling

Every Monday 9:30 a.m.
Starts in September - Registration is Required

iPhone & Computer Classes -

Tuesdays - 10 am & 11:15 am
Registration is Required

Benefit Bank

First Tuesday & Third Thursday of the Month
1 – 4 pm, by Appointment or Walk Ins Welcome

Blood Pressure & Glucose Screening

First Wednesday of the Month 9:30 – 10:30 am
(Walk Ins Welcome)

Low Impact Exercise

Exercise at your own pace
Every Wednesday 10 – 11 a.m.

Line Dancing with Instructor

Thursday Mornings (Nominal Fee)
9:30 – 11:00 AM

Chair Yoga

Thursday Afternoons
2:00 -3:00 PM

Ask An Attorney- By Appointment

First Thursday of the Month 1 – 3pm

OSHIP- By Appointment

Third Tuesday of the Month By Appt.

Mobile Library Services-

4th Monday of the Month 11:30 - Noon

Special Events-

Crafts, Picnics, Holiday Parties (As Announced)

**Transportation- Provided through
Senior Transportation Connection**

Grocery Shopping, Medicals & Senior Socials
Call **216.265.1489** to schedule, three business days in
advance

For personal assistance, we ask that you
schedule an appointment to allow us the
time necessary to meet your individual
needs.

Our Office on Aging hours are Monday
thru Friday 8:00 a.m.-4:00 p.m. We are
closed on Legal Holidays. Call for more
information on your favorite programs.

Our direct telephone number is
440.582.6333

The Office on Aging/Human Services
Office is located on the lower level of
the Deaconess/Perry Center
Apartments. Our entrance is located on
the South side of the building. It is
located one-quarter mile North of
Route 82 on Ridge Rd.

**CITY
OF
NORTH ROYALTON

OFFICE ON AGING/
HUMAN SERVICES**



**13500 Ridge Road
North Royalton, OH 44133
www.northroyalton.org
440.582.6333**

Mayor Robert Stefanik

Debra J. Burrows
Senior Center Manager/Outreach Specialist
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MISSION STATEMENT

The mission of the North Royalton Office on Aging/Human Services, from its inception in April of 1978, has been to advance the health and independence of older adults within our community. We provide older residents, age 55 and over with home and community based service information. It is our goal to help older adults live independently in the community with dignity and peace of mind.

Since knowledge should be shared and since many government programs for the elderly are also available to younger, disabled or disadvantaged persons, it has been the desire of the Office on Aging/Human Services, the Administrative and Legislative bodies of the City of North Royalton to include all residents who have need and seek help with these programs. This goal has been reached through referral to community and governmental resources.

It is our continuing goal to provide services to the best of our ability while respecting the needs of others to receive these services with dignity and receive them in a confidential manner.

Partnerships-

Kiwanis/Royal Redeemer Food Pantry
Senior Transportation Connection
UniversityHospitals Center for Lifelong Health

We will help you coordinate your Medicare, MediGap Insurance, Medicare Advantage, Medicare Part D, and "Extra Help" as our staff are Certified OSHIIP (Ohio Senior Health Insurance Information Program) Counselors.

Our NRSVP (North Royalton Senior Volunteer Program) volunteers are active in all walks of life. Some of the areas they contribute are: making chemo caps, butterfly pillows and hospice blankets for area hospitals, nursing homes and cancer centers. Volunteers assist with the North Royalton Food Pantry Partnership and work at the City's Senior Center. When necessary, we work with our local Safety Forces and hospitals regarding elderly needs.

Services Offer: Assistance with or Referrals For: Seniors and/or Disabled

1. Homestead Exemption (Property Tax)
2. Home Energy Assistance Program (HEAP)
3. AT & T Lifeline Ohio (Telephone Discount)
4. Water and Sewer Homestead Exemption
5. Social Security/Medicare
6. Benefit Bank- Food Stamps, Medicaid Benefits and Women, Infants and Children Enrollment
7. Adult Protective Services
8. Senior Socials (Cards, Socialization)
9. Veterans Benefits (Information)
10. Prescription Assistance (Drug Companies)
11. Handicapped Parking Applications
12. Golden Buckeye (Discounts)
13. Absentee Ballot Applications (Voting)
14. Advocacy (Letter Writing)
15. NR Senior Volunteers age 55 or over
16. Salvation Army Service Unit
*Christmas Kettle Drive * Christmas in July
*Utility Disconnects *Homeless Shelter
17. Kiwanis/Royal Redeemer/North Royalton Food Pantry
18. Assisted Living/Nursing Home Information
19. Home Weatherization (Energy Check Up)
20. Legal Service Information
21. Supportive Services- HUD Building
22. Case Management Services
23. Senior Center Activities

****For further assistance you can access
United Way's First Call for Help
by dialing 211**