

**ACTIVITIES  
COME JOIN THE FUN!**

**UH Presents-Center for Lifelong Health**

Guest Speakers/Senior Related Topics-  
Announced as Scheduled

**Senior Socials**

Cards, Games, Socialization,  
Every Monday & Friday 10 a.m. – 2 p.m.

**Wii Bowling**

Every Monday 9:30 a.m.  
Starts in September - Registration is Required

**iPhone & Computer Classes -**

Tuesdays - 10 am & 11:15 am  
Registration is Required

**Benefit Bank**

First Tuesday & Third Thursday of the Month  
1 – 4 pm, by Appointment or Walk Ins Welcome

**Blood Pressure & Glucose Screening**

First Wednesday of the Month 9:30 – 10:30 am  
(Walk Ins Welcome)

**Low Impact Exercise**

Exercise at your own pace  
Every Wednesday 10 – 11 a.m.

**Line Dancing with Instructor**

Thursday Mornings (Nominal Fee)  
9:30 – 11:00 AM

**Chair Yoga**

Thursday Afternoons  
2:00 -3:00 PM

**Ask An Attorney- By Appointment**

First Thursday of the Month 1 – 3pm

**OSHIP- By Appointment**

Third Tuesday of the Month By Appt.

**Mobile Library Services-**

4th Monday of the Month 11:30 - Noon

**Special Events-**

Crafts, Picnics, Holiday Parties (As Announced)

**Transportation- Provided through  
Senior Transportation Connection**

Grocery Shopping, Medicals & Senior Socials  
Call **216.265.1489** to schedule, three business days in  
advance

For personal assistance, we ask that you  
schedule an appointment to allow us the  
time necessary to meet your individual  
needs.

Our Office on Aging hours are Monday  
thru Friday 8:00 a.m.-4:00 p.m. We are  
closed on Legal Holidays. Call for more  
information on your favorite programs.

Our direct telephone number is  
**440.582.6333**

The Office on Aging/Human Services  
Office is located on the lower level of  
the Deaconess/Perry Center  
Apartments. Our entrance is located on  
the South side of the building. It is  
located one-quarter mile North of  
Route 82 on Ridge Rd.

**CITY  
OF  
NORTH ROYALTON  
  
OFFICE ON AGING/  
HUMAN SERVICES**



**13500 Ridge Road  
North Royalton, OH 44133  
www.northroyalton.org  
440.582.6333**

**Mayor Robert Stefanik**

Debra J. Burrows  
Senior Center Manager/Outreach Specialist  
dburrows@northroyalton.org

## **MISSION STATEMENT**

The mission of the North Royalton Office on Aging/Human Services, from its inception in April of 1978, has been to advance the health and independence of older adults within our community. We provide older residents, age 55 and over with home and community based service information. It is our goal to help older adults live independently in the community with dignity and peace of mind.

Since knowledge should be shared and since many government programs for the elderly are also available to younger, disabled or disadvantaged persons, it has been the desire of the Office on Aging/Human Services, the Administrative and Legislative bodies of the City of North Royalton to include all residents who have need and seek help with these programs. This goal has been reached through referral to community and governmental resources.

It is our continuing goal to provide services to the best of our ability while respecting the needs of others to receive these services with dignity and receive them in a confidential manner.

## **Partnerships-**

Kiwanis/Royal Redeemer Food Pantry  
Senior Transportation Connection  
UniversityHospitals Center for Lifelong Health

We will help you coordinate your Medicare, MediGap Insurance, Medicare Advantage, Medicare Part D, and "Extra Help" as our staff are Certified OSHIIP (Ohio Senior Health Insurance Information Program) Counselors.

Our NRSVP (North Royalton Senior Volunteer Program) volunteers are active in all walks of life. Some of the areas they contribute are: making chemo caps, butterfly pillows and hospice blankets for area hospitals, nursing homes and cancer centers. Volunteers assist with the North Royalton Food Pantry Partnership and work at the City's Senior Center. When necessary, we work with our local Safety Forces and hospitals regarding elderly needs.

## **Services Offer: Assistance with or Referrals For: Seniors and/or Disabled**

1. Homestead Exemption (Property Tax)
2. Home Energy Assistance Program (HEAP)
3. AT & T Lifeline Ohio (Telephone Discount)
4. Water and Sewer Homestead Exemption
5. Social Security/Medicare
6. Benefit Bank- Food Stamps, Medicaid Benefits and Women, Infants and Children Enrollment
7. Adult Protective Services
8. Senior Socials (Cards, Socialization)
9. Veterans Benefits (Information)
10. Prescription Assistance (Drug Companies)
11. Handicapped Parking Applications
12. Golden Buckeye (Discounts)
13. Absentee Ballot Applications (Voting)
14. Advocacy (Letter Writing)
15. NR Senior Volunteers age 55 or over
16. Salvation Army Service Unit  
\*Christmas Kettle Drive \* Christmas in July  
\*Utility Disconnects \*Homeless Shelter
17. Kiwanis/Royal Redeemer/North Royalton Food Pantry
18. Assisted Living/Nursing Home Information
19. Home Weatherization (Energy Check Up)
20. Legal Service Information
21. Supportive Services- HUD Building
22. Case Management Services
23. Senior Center Activities

**\*\*For further assistance you can access  
United Way's First Call for Help  
by dialing 211**