



NORTH ROYALTON SENIOR CENTER

2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Line Dancing 9:30 am - 11:00 am Ask an Attorney By appt. 1 pm-3 pm Chair Yoga 2:00 pm	2 Senior Social 10 am - 2 pm
5 Wii Bowling 9:30 am Senior Social 10 am - 2 pm	6 Giant Eagle Shopping 10:00-11:30am OSHIIP Counselor By appointment Benefit Bank by appt. 1-4 pm	7 UH Parma Medical Center Blood Pressure & Glucose Check 9:30 am - 10:30 am Low Impact Exercise 10 am -11 am	8 Line Dancing 9:30 am - 11:00 am Chair Yoga 2:00 pm	9 Senior Social 10 am - 2 pm BINGO 11:00 AM Sponsored by Royalton Woods
12 Wii Bowling 9:30 am Senior Social 10 am - 2 pm Birthday Monday at Noon	13 Cornerstone of Hope 1:00 – 2:00 pm	14 Low Impact Exercise 10 am -11 am	15 Line Dancing 9:30 am - 11:00 am Benefit Bank by appt. 1-4 pm Chair Yoga 2:00 pm	16 Senior Social 10 am - 2 pm
19 Wii Bowling 9:30 am Senior Social 10 am - 2 pm	20 Wal-Mart Shopping 10:00 am – 12:30	21 Low Impact Exercise 10 am -11 am Free Lunch & a Movie 11:30am - 3pm (Sponsored by Pleasant View) Post Office on Wheels 3 - 3:20 pm	22 OFFICE CLOSED Happy Thanksgiving	23 OFFICE CLOSED
26 Wii Bowling 9:30 am Senior Social 10 am - 2 pm Mobile Library 11:30 am BINGO 10:30 am Sponsored by Regina Healthcare	27	28 Low Impact Exercise 10 am -11 am	29 Line Dancing 9:30 am - 11:00 am Chair Yoga 2:00 pm	30 Senior Social 10 am - 2 pm

Call Senior Transportation Connection-STC to schedule ride 3 business days in advance, 216.265.1489.

**All activities subject to change without notice