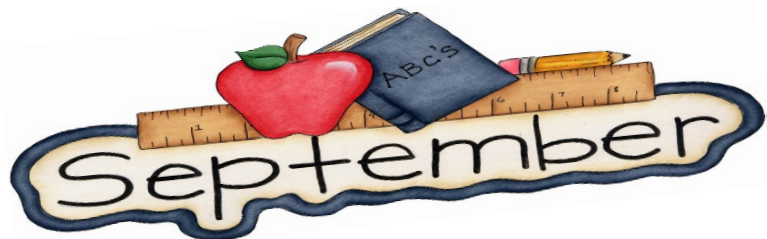


NORTH ROYALTON SENIOR CENTER



2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Office Closed Labor Day	4 Giant Eagle Shopping 10:00-11:30am Benefit Bank By appt. 1-4 pm	5 UH Parma Medical Center Blood Pressure & Glucose Check 9:30 am - 10:30 am Low Impact Exercise 10:00-11:00 am	6 Line Dancing 9:30 am - 11:00 am Comfort Mats for Homeless 11 am – 1 pm Ask an Attorney By appt. 1 pm-3 pm Chair Yoga 2:00 pm	7 Senior Social 10 am - 2 pm
10 Wii Bowling Starts 9:30 am Senior Social 10 am - 2 pm Birthday Monday at Noon	11	12 Low Impact Exercise 10 am - 11 am	13 Line Dancing 9:30 am - 11:00 am Chair Yoga 2:00 pm	14 Senior Social 10 am - 2 pm Bingo 11:00 am (Sponsored by "The Pavilion")
17 Wii Bowling 9:30 am Senior Social 10 am - 2 pm UH Clinical Nutritionist Julie Wise 10:00 am "Probiotics & Your Health"	18 Wal-Mart Shopping 10:00 am –Noon OSHIIP Counselor By appt. 8:15 am - 3:45 pm	19 Low Impact Exercise 10 am - 11 am Free Lunch & a Movie 11:30 - 3pm (Sponsored by "The Diplomat") Post Office on Wheels 3 - 3:20 pm	20 Line Dancing 9:30 am - 11:00 am Benefit Bank By appt. 1-4 pm Chair Yoga 2:00 pm	21 Senior Social 10 am - 2 pm
24 Wii Bowling 9:30 am Senior Social 10 am - 2 pm Bingo 10:45 am (Sponsored by "Pleasantview") Mobile Library 11:30 am	25	26 Low Impact Exercise 10 am - 11 am	27 Line Dancing 9:30 am - 11:00 am Chair Yoga 2:00 pm	28 Senior Social 10 am - 2 pm Mexican Train Dominoes 10 am

Call Senior Transportation Connection-STC to schedule ride 3 business days in advance, 216.265.1489.

**All activities subject to change without notice.

