



NORTH ROYALTON SENIOR CENTER

August 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Giant Eagle Shopping 10:00 am – 11:30 am iPhone/Computer Class (On Summer Hiatus) Benefit Bank 1 - 4:00 pm	2 UH Parma Medical Center Blood Pressure & Glucose Check Up 9:30 am - 10:30 am Low Impact Exercise 10 am - 11 am	3 Line Dancing 9:15 (Beginners) 10:15 (Intermediate) Ask an Attorney 1:00 pm – 3:00 pm (By Appt.)	4 Senior Social 10 am – 2 pm
7 Senior Social 10 am – 2 pm Crafter's Club 10am	8 Walmart Shopping Strongsville 10 am – 1:00 pm	9 Low Impact Exercise 10 am - 11 am Brainercise (On Summer Hiatus) NR Cares Applications Deadline	10 Line Dancing 9:15 (Beginners) 10:15 (Intermediate)	11 Senior Social 10 am – 2 pm
14 Senior Social 10 am – 2 pm Birthday Monday Celebration	15 OSHIIP Counseling 8:15 am – Noon (By Appt.)	16 Low Impact Exercise 10 am - 11 am Lunch & a Movie 11:30 - 3:00 pm (Sponsored by Mt. Royal Villa) Post Office on Wheels 3:00 – 3:20 pm	17 Line Dancing 9:15 (Beginners) 10:15 (Intermediate) Benefit Bank 1 - 4:00 pm	18 Senior Social 10 am – 2 pm Community Festival Starts Parade & Fireworks on Sunday
21 Senior Social 10 am – 2 pm	22 Marc's @ The Shoppes at Parma 10:00 am – 11:30 am	23 Low Impact Exercise 10 am - 11 am	24 <u>SCHOOL OPENS</u> Line Dancing 9:15 (Beginners) 10:15 (Intermediates)	25 Senior Social 10 am – 2 pm "Natural Health Remedies for Seniors" 10AM
28 Senior Social 10 am – 2 pm Mobile Library 11:30 am	29	30 Low Impact Exercise 10 am - 11 am	31 Line Dancing 9:15 (Beginners) 10:15 (Intermediates)	

UPCOMING EVENTS

8/1 - Giant Eagle Shopping. Call Senior Transportation Connection, 216.265.1489, 3 days in advance to schedule ride.

8/1 – iPhone/Computer Classes will resume in September, Sign Up at front desk

8/1 & 8/17 - Benefit Bank 1-4:00 pm

8/3 - Ask an Attorney returns with Mr. John Urban. By appt. only

8/7 – Crafter's Club 10 am

8/8 - Walmart Strongsville Call Senior Transportation Connection, 216.265.1489, 3 days in advance to schedule ride.

8/9 – Brainercise will resume in September, Sponsored by Arden Courts

8/9 - NR Cares Application Deadline

8/14 – Birthday Monday- Join us for cake and ice cream as we celebrate our August birthdays.

8/15 OSHIIP (Ohio Senior Health Insurance Information Program) Counselor, Jim Aust is available for one on one appointments. Call the Center to schedule now.

8/16 - Lunch and a Movie "Ma & Pa Kettle Marathon" Sponsored by Mt. Royal Villa


8/16 - Mobile Post Office 3:00 – 3:20 pm .

8/16 & 8/17 – NR Cares School Supply Pick Up 9:00 am – 3:00 pm

8/18 – Community Festival Starts

8/20 – Parade @ 3:00 pm
Fireworks @ Dusk

8/18 - 8/22 - Marc's @The Shoppes at Parma. Call STC, 216.265.1489, to schedule ride.

8/24 – Back to School- 
Watch out for the School Children & Busses
8/25 – "Natural Health Remedies" 10 AM
Sponsored by UH Center for Lifelong Health

**** ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE****

